# TERM 2 PROGRAM GUIDE 21st April - 4th July, 2025





### One on One Computer Tutoring

Our One-to-One Computer Lessons offer tailored instructions to help you achieve your goals, whether you're a complete beginner or looking to advance your knowledge

Our lessons are designed to be engaging, practical, and tailored to your individual learning style.

Book your lessons now and start learning with confidence!

For more information turn to page 5

### iPhone Photography-**Beginners Course**

Are you ready to transform your iPhone into a powerful camera and capture stunning photos that leave everyone in awe? Join our iPhone Photography - Beginners Course and learn the secrets to taking professional-quality images with just your smartphone!

For more information turn to page 4

### **WHATS ON:**

- Social Groups
- Support Groups
- Job Ready
- Book nook & Clothes rack
- Courses
- Computer Classes
- Other Courses
- Vacation Care
- Room Hire
- Use of Facilities
- Services Available
- Transport Map
- Colour Me In



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**(**03) 5821 5770



(03) 5831 5181



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o northsheppcom



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麻 Mon - Fri 9am - 3:30pm During Victorian School Term

### COURSES



# EMPOWERMENT ESSENTIALS: LIFE SKILLS FOR PEOPLE WITH DISABILITIES

The course will cover a range of learning activities that will focus on assisting individuals with a disability via a range of practical and social skills. There will be an underlying theme of health and wellbeing, delivered via activities that focus on building literacy and numeracy skills in everyday life

- Goal Setting, planning and time management
- Making decisions and choices in scheduling
- Teamwork
- Basic technology skills
- Money handling
- Exercise and nutrition
- Problem solving
- Job tasks
- Speaking up and building confidence

	Full Fee	Concession
Amenities	\$20.00	\$20.00
Resources	\$10.00	\$10.00
Admin Fee	\$49.50	\$49.50
Tuition Fee	\$50.00	\$10.00
Total	\$129.50	\$89.50

#### Dates & times to be confirmed



# INTRODUCTION TO COMMERCIAL AND DOMESTIC CLEANING

Come and learn about commercial and domestic cleaning, how to select the right products and equipment for jobs and use appropriate techniques to ensure a thorough clean. Cleaning equipment and facilities are utilised to simulate the work environment for participants to clean like a Pro.

#### Topics include:

- Maintain storage area and cleaning equipment
- Participate in workplace safety arrangements
- Clean hard floor surfaces
- Clean carpeted floors
- Perform basic stain removal from carpets
- Maintain glass surfaces
- Maintain external surfaces
- -And much more

	Full Fee	Concession
Amenities	\$15.00	\$15.00
Resources	\$10.00	\$10.00
Admin Fee	\$49.50	\$49.50
<b>Tuition Fee</b>	\$32.40	\$6.48
Total	\$106.90	\$80.98

#### Dates & times to be confirmed



Tuition fees as published are subject to change given individual circumstances at enrolment and are subject to change with Government Policy changes.

### **COURSES CONTINUED...**



# ESSENTIAL SKILLS FOR CARE AND SUPPORT WORKERS

This is a pre-employment course aimed at those who want to work in the care and support industry. The course content focuses on literacy and language for work. The coursework will be contextualised for the care and support services industry.

Topics include:

- Overview of care and support industry.
- Safe work practices.
- Concepts such as person-centered care, social inclusion, respect, and empowerment.
- Communication skills and skills to work effectively with others.
- Practical skills awareness
- Pathways to further training and/or employment include entry-level support work and a Certificate III in Individual Support.

	Full Fee	Concession
Amenities	\$20.00	\$20.00
Resources	\$10.00	\$10.00
Admin Fee	\$49.50	\$49.50
Tuition Fee	\$48.60	\$9.75
Total	\$128.10	\$89.25

#### Dates & times to be confirmed

#### **TOOLS FOR TRADE**

This course is a basic introduction "taster course" of various industry fields, covering components you with small jobs around your home, plaster up holes, basic car maintenance such as

checking oil, changing a tire, wiper blades etc. and how to maintain a lawn mower such as replacing or cleaning spark plugs, replacing of petrol and oil, blade sharpening and repairs.

7 - Week Duration, (3 Hour Sessions)
Dates & times to be confirmed

	Full Fee	Concession
Amenities	\$15.00	\$15.00
Resources	\$20.00	\$20.00
Admin Fee	\$49.50	\$49.50
<b>Tuition Fee</b>	\$22.60	\$4.50
Total	\$107.10	\$89.00



#### **BEGINNERS MUSIC**

If you have always wanted to learn how to play the Ukulele, then we have the group for you. You will learn basic knowledge and music terms, listening skills and loads more.

Day & Night Classes Available

**Duration: 15 hours** 

Dates & times to be confirmed



	Full Fee	Concession
Amenities	\$10.00	\$10.00
Resources	\$10.00	\$10.00
Admin Fee	\$20.00	\$20.00
Tuition Fee	\$16.20	\$3.24
Total	\$56.20	\$43.24

Tuition fees as published are subject to change given individual circumstances at enrolment and are subject to change with Government Policy changes.

### **COMPUTER CLASSES**

#### The courses listed below are all part of Learn Local



#### **BEGINNERS COMPUTERS**

For those unsure of what they are doing, you will learn the basics of your computer in smaller class environment. This course covers topics such as: Turning on/off the computer, navigating & manipulating the desktop, organising files, printing information, workspace safety, identifying & developing keyboard skills as well as learning a variety of other things to make using a computer easier for Windows 11. Also suitable for those using Windows 10.

**Duration: 30 Hours Excludes Public Holidays** 

Dates & times to be confirmed

#### **Day and Night** classes are available

	Full Fee	Concession
Amenities	\$15.00	\$15.00
Resources	\$15.00	\$15.00
Admin Fee	\$49.50	\$49.50
Tuition Fee	\$32.40	\$6.48
Total	\$111.90	\$85.98



#### INTERMEDIATE COMPUTERS

This course provides students with the knowledge of using Microsoft Word 2016, navigating the internet and emailing

**Duration: 30 Hours Excludes Public Holidays** 

Dates & times to be confirmed

	Full Fee	Concession
Amenities	\$15.00	\$15.00
Resources	\$15.00	\$15.00
Admin Fee	\$49.50	\$49.50
Tuition Fee	\$32.40	\$6.48
Total	\$111.90	\$85.98



#### **OFFICE 2016**

This class is an introduction to Microsoft Word, Publisher, Excel and PowerPoint. By the end of this course students will be able to create a spreadsheet, word document, slide show or presentation as well as publications such as newsletters

Dates & times to be confirmed	
<b>Duration: 35 Hours Excludes Public Holiday</b>	/9
and invitations.	
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	I ull I ee	Concession
Amenities	\$15.00	\$15.00
Resources	\$25.00	\$25.00
Admin Fee	\$49.50	\$49.50
Tuition Fee	\$37.80	\$7.56
Total	\$127.30	\$97.06

Full Fee

Tuition fees as published are subject to change given individual circumstances at enrolment and are subject to change with Government Policy changes.

### JOB READY



#### **NAVIGATING THE DIGITAL JOB MARKET**

The course is great for job seekers

Topics covered include;

- Searching for jobs online
- Registering with job vacancy websites
- Job alert notifications
- Job matching
- Career resources

**Duration: 15 Hours** 

Dates & times to be confirmed

	Full Fee	Concession
Amenities	\$10.00	\$10.00
Resources	\$5.00	\$5.00
Admin Fee	\$20.00	\$20.00
<b>Tuition Fee</b>	\$16.20	\$3.24
Total	\$51.20	\$38.24



#### ONLINE JOB APPLICATION SUCCESS

The course aims to develop the learners' active awareness of self as a digital user, and knowledge, use and application of digital literacy skills.

Topics covered include:

- Online job application processes
- Completing online job application forms
- File sharing and uploading
- Creating resumes
- Creating video resumes
- Video resume apps

Great course to follow on from Navigating the Digital Job Market.

**Duration: 15 Hours** 

Dates & times to be confirmed

Learn	Skills for study
Local	Skills for study work and life

 Amenities
 \$10.00
 \$10.00

 Resources
 \$20.00
 \$20.00

 Admin Fee
 \$5.00
 \$5.00

 Tuition Fee
 \$16.20
 \$3.24

 Total
 \$51.20
 \$38.24

**Full Fee** 

Concession

Tuition fees as published are subject to change given individual circumstances at enrolment and are subject to change with Government Policy changes.

### **OTHER COURSES**

Dates & times to be confirmed of all courses below

## UNLOCK YOUR CREATIVITY: IPHONE PHOTOGRAPHY BEGINNERS COURSE

Are you ready to transform your iPhone into a powerful camera and capture stunning photos that leave everyone in awe? Join our iPhone Photography – Beginners Course and learn the secrets to taking professional-quality images with just your smartphone!

4 hour course

Cost: \$32 (\$28 concession)



#### **USING CANVA**

#### Unleash Your Creativity: Master Canva with Our Beginner's Course!

Canva is a simple and intuitive graphic design platform.

It is good for social media posts, presentations, brochures, posters and other visual content.

Do you want to create eye-catching graphics, posters, brochures, invites, and engaging social media posts without any design experience? Our Using Canva Course is your gateway to professional-quality visuals!

#### What You'll Learn:

- · Navigate Canva's intuitive interface like a pro
- · Design captivating posters, flyers, and invitations
- · Create social media posts that grab attention
- · Customize templates to suit your style and needs

**Why This Course?** With our hands-on approach and expert guidance, you'll quickly learn how to harness the full potential of Canva. Say goodbye to bland designs and hello to vibrant, professional-quality creations that stand out!

**Times:** 9:30am - 1:30pm One 4hr Session

Cost: \$32 (\$27 Concession)

#### ONE-ON-ONE COMPUTER TUTORING

Personalised Computer Lessons: One-to-One Tutoring for All Skill Levels!

Are you ready to boost your computer skills with personalised guidance? Our One-to-One Computer Lessons offer tailored instruction to help you achieve your goals, whether you're a complete beginner or looking to advance your knowledge.

Why Choose Us? With our personalised approach, you'll receive the focused attention you need to succeed. Our lessons are designed to be engaging, practical, and tailored to your individual learning style.

Ready to take your computer skills to the next level? Book your lessons now and start learning with confidence!



Cost: \$40 per hour. Please call 58215770 to book.

## OTHER COURSES CONTINUED

Dates & times to be confirmed of the course below

#### GETTING STARTED WITH FAMILY HISTORY WORKSHOPS

Are you interested in learning more about your family history? Would you like to explore your family history, or do you have another intriguing question on your mind?

Researching your family history can be a deeply rewarding journey, uncovering the stories and connections that shaped your family's past. Our workshops will help you discover your family history and build family trees. Enjoy the adventure!

Each workshop runs for 2 hours

#### Workshop 1

Creating an Account and Features of Ancestry

#### Workshop 2

Navigating Ancestry and Creating Your Tree

#### Workshop 3

Finding Records and Information Using Ancestry and Public Records: Search for vital records (birth, marriage, death), census records, military records, and immigration records.

#### Workshop 4

**Ancestry DNA Kits** 

Cost: \$5 per Workshop or \$18 for all

### **HEALTH & WELLBEING**

#### PACEMAKER CLINIC

The Royal Melbourne Hospital's Cardiology Department is running a Pacemaker clinic for patients here at the North Shepparton Community and Learning Centre. **Bookings are Essential.** 

Please call the Royal Melbourne Cardiology Department on (03) 9342 7133 for more information.

When: Thursday - 7/06 Time: 9am - 4:30pm

#### WHOLE BEING HEALTH & FITNESS

Chair One Fitness is a super fun chair-based dance fitness program with activities of daily living incorporated into all our cool dance moves. We are not only keeping people moving, but smiling too! We cater to anyone who has complications standing during a fitness regimen. This includes senior citizens, people with balance deficits, chronic pain, injuries, disabilities, suffering from obesity, and more.

When: Monday and Wednesday (Victorian School Term Only)

Time: Monday 11:15am and Wednesday 12:30pm

Cost: \$5 per session

#### **AMPLIFON HEARING TEST**

Amplifon are providing free hearing tests for anyone over the age of 18. The test takes 20 minutes. To book your appointment contact reception 5821 5770.

When: Tuesday 20th May

Time: 10am - 1pm



### **SOCIAL GROUPS**

#### **BEAR MAKING**



Come along and learn how to make your very own teddy bear. Every 4 weeks you will make a new bear. Everything you need is provided. All bears are hand sewn. **Bookings Essential.** 

**Day:** Every Tuesday (Victorian School Term only)

**Time:** 12:30pm - 3pm

Cost: Maximum \$14 a bear (Price will vary from bear to bear)

To register or for more information please call reception on (03) 5821 5770

## STRAWBERRY PATCHERS

A quilting group

**Day:** Every Tuesday (Victorian School Term only)

**Time:** 9am - 12:00pm

**Cost:** \$2

#### SOCIALCRAFT



Do you enjoy crafting but are sick of doing them at home alone? Would you like to meet new people who also enjoy crafting. Then this could be the group for you.

Bring along your craft project and have a chat with the group.

Day: Every Wednesday (Victorian School Term only)

Time: 11am - 3pm

Cost: Free

#### COMMUNITY



If you like creating things with your hands, why not come and check out our Community Shed. The shed is open to all those 17 years and over. If you would like more information, call us on

(03) 5821 5770 or pop into the centre. **All Welcome Day:** Every Thursday (Victorian School Term only)

Time: 9am - 3pm

Cost: Free

#### OIL PAINTING



The Oil Painting group is fun and social. Come along with your own materials (canvases & paints not supplied), have a chat & some laughs while working along at your own pace.

Day: Every Thursday (Victorian School Term only)

Time: 1pm - 3pm Cost: Free

#### THE APPLIQUE GUILD

The Applique Guild of Australia (TAG) is a group of patch workers who are interested in the Applique technique, both by hand and machine. Come along have a chat, applique and share your techniques and accomplishments.

**Phone:** Gael on 0458 215 794 for more information **Day:** Thursday once a month - 24/04, 15/05, 19/06

Time: 10am - 1pm

Cost: \$5

## CRAFT FOR A CAUSE



Craft for a Cause is a group of volunteers who knit and crochet items to donate to people in need. The group is seeking volunteers to help continue the great work they already do. If this sounds like something you would like to be a part of bring along some lunch, have a chat and create something beautiful.

Day: Every Friday (Victorian School Term only)

Time: 10am - 1:30pm

Cost: Free



North Shepparton Community & Learning Centre is supported by the Victorian Government:

### SUPPORT GROUPS

#### **MS PEER SUPPORT**



This is a support group for people living with multiple sclerosis and carers. We are an active group splitting our meetings between education and actively participating in an external outing/ event program. Members are empowered, gain self-esteem and self-respect through participation of our educational sessions, research information and trying new activities.

When: Tuesday once a month - 20/05, 17/06

Time: 9:30am - 1pm

Phone: 1800 042 138 for more information

#### **OPEN PLACE**



Open Place is a support group & advocacy service that co-ordinates and provides direct assistance to address the needs of people who grew up in Victorian orphanages and children's homes during the last century.

Day: Second Tuesday of the month - 13/05

**Time:** 12pm - 2pm

#### WE LISTEN SUICIDE LOSS SUPPORT GROUP



When someone dies by suicide, the loved ones left behind often must deal with an array of their own emotions. It can be difficult to discuss with people who have not had the same experience. Some people feel that they are not able to share their feelings or story due to stigma or suicide being a taboo topic. This support group is a safe supporting space to share your grief, and support others.

Day: Second Wednesday of the month - 14/05, 11/06

**Time:** 6pm - 7:30pm

**Email:** admin@welisten.org.au for more information **Facebook page:** We Listen Suicide Loss Support Group

Phone: Steve on 0400 314 858

#### **ALCOHOLICS ANONYMOUS**



Having trouble with alcohol? Does your drinking worry you? Is it causing you to get into unpleasant or dangerous situations? Are family members in need? Complaining about your drinking? Then the AA program of recovery may be able to help you!

Day: Every Friday including public & school holidays

Time: 8pm - 9:30pm

#### SHEPPARTON ME/ CHRONIC FATIGUE SYNDROME & FIBROMYALGIA SUPPORT GROUP



We offer support to the sufferer, their family and or carers. We provide information, friendship, understanding and empathy from other sufferers. Occasionally we also have various professional guest speakers attend meetings. Gold coin donation to cover the cost of refreshments. There is a Facebook page for those who are unable to attend due to health or other commitments.

Facebook page: Shepparton ME/CFS & Fibromyalgia Support Group

**Email:** georgie\_girl\_13@me.com for more information

**Day:** Second Friday of the month - 9/05

Time: To be confirmed

Phone: Georgie on (03) 5821 0988 or 0423 358 177

## **VACATION CARE**



Do you work during the school holidays and need care for your primary school aged children?

NSCLC runs a school holiday program 2 weeks of every Victorian School Holidays with fun activities and excursions to suit primary school aged children's interests.

Days: Monday to Friday (excluding public holidays)

**Venue:** North Shepparton Community Hub 10-14 Parkside Drive, Shepparton, Victoria

**Cost:** \$7.25 - \$55 a day

Childcare Subsidy (CCS) is available for eligible families.

### ROOM HIRE

















North Shepparton Community & Learning Centre has rooms available to be booked for training sessions, meetings, support and social groups. (Conditions apply)

#### All rooms have a hire fee.

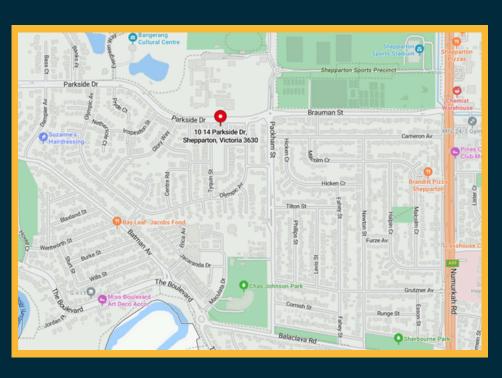
Hire fees range from \$10 - \$180 For more information phone reception on (03) 5821 5770



North Shepparton Community & Learning Centre is supported by the Greater Shepparton City Council.



### **OUR LOCATION**



North Shepparton Community & Learning Centre is located in the North Shepparton Hub at 10-14
Parkside Drive, Shepparton. To get to us travel north out of Shepparton on Numurkah Rd/ Goulburn Valley Highway, turn left into Brauman Street. Stay on this street as it becomes Parkside Drive after the roundabout. We are on the left hand side opposite Banmira Specialist School. The town bus route stops beside the hub and we have a car-park for those driving available at the Hub itself.

### **USE OF FACILITIES**

**Computer Usage** - Internet and computers are available for the community to use during non -computer class times. Please call to make sure they are available to save disappointment. Users must check in at reception upon arrival.

Cost: Free usage .10 cents per printed sheet

### SERVICES AVAILABLE

- Photocopying and Printing
  - black and white A4 Single Sided .10 cents, A4 Double Sided .20 cents
  - -colour A4 Single Sided .20 cents, A4 Double Sided .40 cents
- Scanning -\$2.00 per transmission
- Emailing \$2.00 per transmission
- Laminating- A4 \$3.00, A3 \$4.00
- Passport Application and Renewal \$15
- Birth Certificate Application \$5
- Working with Children's check or Police Check-\$5
- MyGov, Centrelink \$10 per half hour
- Other online and tech support \$15 per half hour
- Typing and resume writing, would you like your resume or CV typed and printed? Call in to discuss about our staff assisting you with your presentation.

**Resume** - \$25.00

Cover Letter - \$10.00

#### 15 FUN FACTS....

- 1.10% of the world population is left-handed.
- 2. The most commonly used letter in the English alphabets is E.
- 3. The Hawaiian alphabet contains only 13 letters.
- 4. The plastic tips of shoelaces are called aglets.
- 5. Russia has more surface area than Pluto.
- 6. There is no specific time zone at the South Pole.
- 7. The first-ever 3D film was released in cinemas in 1922.
- 8. Bowler Hats were originally invented as safety hats.
- 9. Armadillos have shells so hard they can deflect a bullet.
- 10. Bees can fly higher than Mount Everest!
- 11. In 1997 a cargo ship lost 4.8 million Lego bits in a storm. They are still washing up today.
- 12. Australia has more kangaroos than people.
- 13. Rubber bands will last much longer when they are refrigerated.
- 14. The dot over the small letter 'i' is called a tittle.
- 15. The average bear will have 42 teeth.

### **BOOK NOOK**

If you like to read then we have the nook for you. We have set up a book nook in our foyer for anyone to read, swap, keep or borrow. We have a large range of books and magazines on offer.



# COMMUNITY CLOTHES RACK

Why not pop in and check out our FREE clothes area. We have adults and kids clothing available. There are items for all occasions. Clothes are being added all the time. Make sure you pop in regularly to check out what's been added.





# FINANCIAL MEMBERSHIP

Would you like to have a say concerning your community & learning centre? You can do so by becoming a financial member for just \$3.00 a year. Please pop in and fill out a membership form.

#### **DISABILITY ACCESS**



NSCLC welcomes all members of the community and provides disabilities access to all facilities.

Motorised scooter users are welcome to recharge their scooters on site.

#### **SUGGESTIONS**

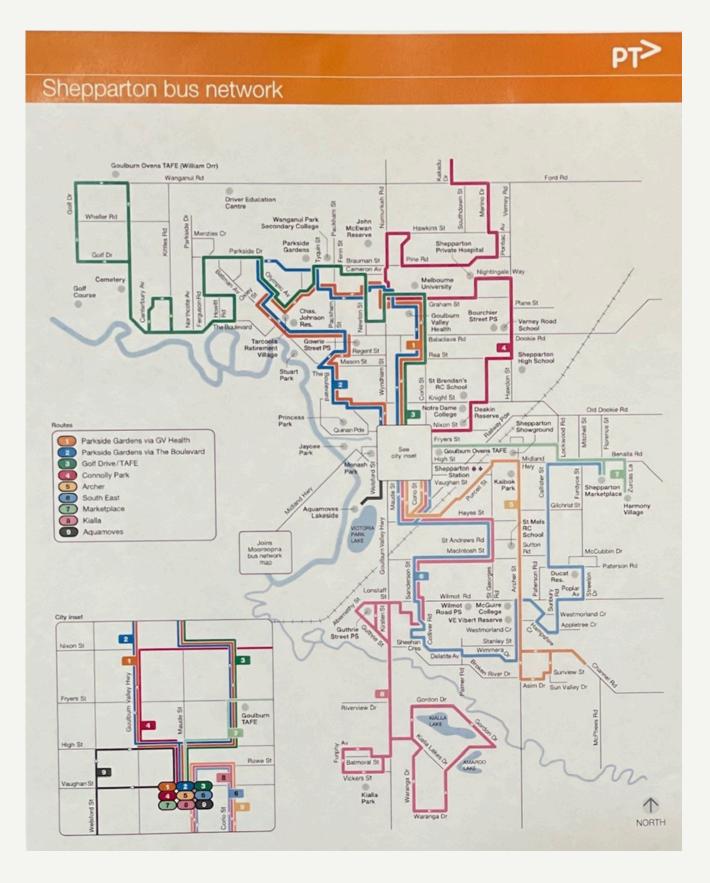
Do you have a skill or interest you would like to share with others?

If so, then pop into North Shepparton Community & Learning Centre and share your ideas with us!

Perhaps you are part of a support or social group looking for somewhere to meet. Pop in for a chat and have a look at the rooms available or give reception a call on (03) 5821 5770.

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### **PUBLIC TRANPORT**



The North Shepparton Community Hub us accessible from the following bus route:

Route 2: Parkside Gardens via The Boulevard

Route 3: Golf Drive/TAFE

For further information and timetables, go to ptv.vic.gov.au or call 1800 800 007 (6am - Midnight daily)



#### Free event:

### How to live at home for longer seminar

Our health needs change as we age, but one thing stays the same: our desire to remain living in our own home. Let me explain how you can access government funding to help you stay living at home for longer.

This important information session includes;

- New Support at Home program/Home care packages
- Commonwealth Home Support program
- Eligibility
- What services are available
- Costs
- How to choose a Provider
- Other subsidised programs available

Come along and talk to our representatives who will answer your questions and assist you if require to access these services. All attendees receive an information bag to keep & take home as a reference.

When: Tuesday 20th May @ 12.30pm - 1:30pm

Location: North Shepparton Community & Learning Centre 10-14 Parkside Drive, Shepparton, 3632

Tea and Coffee provided

**RSVP by 13th May, 2025:** 

NORTH SHEPPARTON
COMMUNITY &
LEARNING CENTRE

Phone: (03) 5821 5770, Email: admin@nsclc.com.au or message us on Facebook or Instagram